

## First Episode Psychosis due to COVID-19: Case Report in Saudi Arabia

Abdulmajeed Zarbah, MD\* Norah AlMuhanna, MD\*\* Adel Alsheheri, MD\*\* Afnan AlMuhanna, MD\*\*\*

### ABSTRACT

A 53-year-old Saudi male businessman had a history of dyslipidemia and ischemic stroke a few years ago. He was diagnosed with COVID-19 complicated with pneumonia; he was admitted in April 2021 and discharged after 12 days. He maintained his usual state of mental health and was functionally well until 1 month later. He presented to the emergency department (ED) with a chief complaint of feeling anxious most of the time on a daily basis for the last three days, as well as associated sleep disturbance and fatigue. The physical exam and laboratory investigation were unremarkable.

**Keywords:** Neuropsychiatry complication, COVID-19, Post-COVID-19, Psychosis

*Bahrain Med Bull 2022; 44 (4): 1243-1244*

---

\* Teaching Assistant, Psychiatry Department,  
College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia.  
E-mail: aazarbah@iau.edu.sa; abdulmajeedzarbah@gmail.com

\*\*Psychiatry Department, College of Medicine,  
Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia

\*\*\*Radiology Department  
Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia.